

CNA Skills Checklist

This checklist covers all 25 skills that may be tested on the CNA exam. Use it while practicing each task to ensure you complete all required steps. Check off each skill as you practice and use the notes column to track areas you need to review.

Skill	✓	Notes
Hand Hygiene (Handwashing)		
Applying One Knee-High Elastic Stocking		
Assists with Use of Bedpan		
Cleans Upper or Lower Denture		
Counts and Records Radial Pulse		
Counts and Records Respirations		
Donning and Removing PPE (Gown and Gloves)		
Dresses Client with Affected (Weak) Arm		
Feeds Client Who Cannot Feed Themselves		
Gives Modified Bed Bath (Face and One Arm, Hand, and Underarm)		
Measures and Records Blood Pressure		
Measures and Records Urinary Output		
Measures and Records Weight of Ambulatory Client		
Performs Passive Range of Motion (Knee and Ankle)		
Performs Passive Range of Motion (Shoulder)		
Positions Client on Side		
Provides Catheter Care for Female		
Provides Foot Care on One Foot		
Provides Mouth Care		
Provides Perineal Care for Female		
Transfers from Bed to Wheelchair Using Transfer Belt		
Ambulates Client Using Transfer Belt		
Assists to Ambulate with Walker (varies by state)		
Provides Nail Care for One Hand (varies by state)		
Performs Passive Range of Motion (Elbow and Wrist, varies by state)		